

# MT. ZION NEWS



Mt. Zion United Methodist Church Newsletter

FEBRUARY 2016

## KIDZ CORNER

Children and Youth Department,

Thank you to those who participated in the Bucket Drum Ministry on Sunday, January 31, 2016. You received the highest complements. Continue to let your light shine through all forms of ministry.

Just a reminder! Dance practice is every Monday @ 5:30PM and Bucket Drums is every Tuesday @ 6:30PM.



### Youth Black History Fact

On March 2, 1955, 15 year old Claudette Colvin got on the bus sitting in the middle of a bus and was asked to give up her seat to a white passenger, she refused, she later became the inspiration for Rosa Parks later that year.

Even at a young age you can make a difference.

### *Uncommon Touch*

8:00AM-8:45AM

### *Church Service*

9:30AM

### *Sunday School*

11:00AM

### *Family Bible Study/Dinner*

Wednesdays @ 6:00PM

*"Mt. Zion United Methodist Church will be a vessel of hope for the community..."*

- Rev. Michael A. Frazier, Sr.



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# Uncommon Touch

## ***How it all began....***

Did you know that Uncommon Touch Ministries is 23 years old? It started in 1993 when a man came to the church while Ms. Betty Perry was there and said he was hungry. When he came back the next week he brought a friend... And so it began!

From the very beginning Uncommon Touch Ministries (UTM) was fully funded by Ms. Betty and sometimes other believers.

Through Ms. Betty's tireless efforts and dedication, UTM is a 501(c) (3) organization which means we can apply for and accept grants and donations with a tax exempt status. When you donate to our Ministry, it is fully tax deductible when filing your annual Income Tax return, similar to the deduction of your tithes paid to Mt. Zion or any other charity.

## ***Moving right along.....***

Before moving to Union Street, UTM fed up to 150 people on a weekly basis and provided clothes from our clothes closet of donated items. Since our move, we have been plagued with stove issues yet still managed to provide several large church events with brunch, etc. using an oven with temperature issues and only 2 burners that are almost rotted through!

We recently purchased a wonderful gas stove with funds lovingly donated to our Ministry. The stove is not yet operable due to problems with work, permit restrictions, etc. We're left with the motor running as our desire to get our hungry population fed exceeds our ability to provide without full use of the new stove.

## ***Our vision.....***

We have many big plans to help in the community. Offering food and clothing are just the beginning of the needs we can meet and are excited to move forward.

Ms. Betty Perry remains our largest funder, however we are starting to receive small donations sporadically.

We hope you will join us for breakfast sometime, but please remember that we are self- sustaining, so please leave a donation.

UTM looks forward to what God has in store for us in growth and service to our community.

***Thank you all for your faith, prayer and financial support.***

# Heart Health

## **Did you know that: :**

- Every day, your heart beats about 100,00 times, sending 2,000 gallons of blood surging through your body?
- Did you know that heart attack symptoms for men and women are different? However, heart disease is the biggest killer of both men and women.
- Did you know that when you laugh, the lining of your blood vessel walls relaxes and expands; so laughter is really the best medicine.
- Did you know that you're more likely to have a heart attack on a Monday morning than any other day of the week? The stress of having to return to work is the cause.
- Did you know that a little exercise makes a big difference in the life of your heart? So a little exercise over the weekend can actually help prevent that Monday morning heart attack.



# Salty Service Team

## Sharing some positive thoughts with the Salty Service Team

Boarding on Flight 2016 has been announced.

Hope you have checked in only the best souvenirs from 2015 in your luggage....

The BAD and SAD moments if carried, must be thrown away in the garbage bins on arrival .....

The flight will be 12 months long.

So, loosen your seat belts, jingle and mingle.

The stop-overs will be:

Health, Love, Joy, Harmony, Well-being, Peace.

Refueling will be at: Giving, Sharing, Caring.

The following menu is offered and will be served during the flight:

- ✓ Cocktail of Friendship; ✓ Supreme of Health; ✓ Granting of Prosperity,
- ✓ Bowl of Excellent News; ✓ Salad of Success; ✓ Cake of Happiness,

All accompanied by bursts of laughter...

But remember, you will enjoy these meals and the journey better if you talk, share, smile and laugh together. Sitting silent will make the flight seem longer.

Allow me to Thank you my Amazing Friends of 2015 flight and wish you the very best for 2016 flight.

Take Jesus with you and you will be Blessed with an Awesome Year Ahead.

(This was copied by me to share with you!) Audrey Lyttle – Salty Service chairperson.

## Black History Quiz

### HOW MANY FACTS DO YOU KNOW (without googling):

- 1) In 1921 she became the first licensed African-American female pilot.
- 2) She was the first African American woman elected to the House of Representatives in 1968.
- 3) She was the first African-American performer to win an Academy Award in 1940.
- 4) This young man worked in a shoe factory and in 1883 he invented the "Shoemaking Machine".
- 5) In 1982 this NASA engineer invented the Super Soaker water gun.
- 6) In 1881 this man patented a carbon filament for the incandescent light bulb .
- 7) In 1887 he created the automatic elevator doors, without his invention we would still be manually closing elevator doors.



# Birthday's & Anniversaries

**Birthdays:** Bro. Rodney Young: 2/2; Sis. Pauline "Polly" Drake: 2/3; Sis. NyJa'y Rogers, 2/4; Sis. Michaela Tabiri & Bro. Leander Lester & Sis. Fredericka Wright: 2/9; Sis. Leontyne Middleton 2/11; Sis. April Tiggett: 2/17; Bro. Darnell Lovette: 2/25 Bro. William Campbell & Bro. Karl C. Morrison: 2/26; Sis. Mattie Shaw: 3/28; Sis. Janice Mobley: 2/29

## Businesses Needed

Please invite all those you know who have a business.

They will get the ability to setup a table to promote their business for FREE!

This is our 3rd Minority Business Fair and the last 2 have been very successful.

Get the word out ASAP!



### Minority Business Sunday February 21<sup>st</sup>, 2016



**CALLING ALL MINORITY BUSINESSES  
BUSINESS FAIR AFTER CHURCH  
TABLES ARE FREE!!!**

MT. ZION UMC  
1625 UNION ST  
CLEARWATER, FL 33755

FOR MORE INFO SEE SIS. KIM BROWN  
727-447-0064

## ANNOUNCEMENTS

### Royal Blue with Methodist Church Log Shirts

Shirts are being ordered again. Please Sis. Lola Young for an order form. The forms are due by 2/14/16.

### Ash Wednesday Service, February 10, 2016 - 6PM

Join us for Ash Wednesday Service. Dinner will be served @ 6PM and service will start @ 6:30PM

### SAVE THE DATE - Good Friday Noon Day Service, March 25, 2016 - 12PM

### Mt. Zion Photographers Needed

We are in need of a few photographers for Mt. Zion events and ministries. If you would like to volunteer please see Sis. Kim Brown

### Stay Up To Date on All Church Events

Text "mtzevents" to 555888 and you will receive text messages about events.

### Check out the church website for events and updates.

[www.mzumc.net](http://www.mzumc.net)

### Contact Us

Give us a call for more information about our service, events and ministries.

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Visit us on the web at  
[www.mzumc.net](http://www.mzumc.net)

Rev. Michael A. Frazier, Sr.